

WELCOME NEWCOMERS!

If this is the first time you have attended the Traditional Latin Mass, you may have noticed that our parishioners do not dress casually in the church. Since the changes in the Church, few parishes have any kind of dress code. Here, however, we still believe that modesty and appropriate attire are necessary, especially in Church out of reverence for the Blessed Sacrament. Please observe these minimum standards of dress for attendance at Church services:

- **Women and girls** must cover their heads. Chapel veils or mantillas are available for loan in the vestibule. They should also wear dresses or skirts that cover the knee completely when standing or sitting; slacks, shorts, sleeveless, tight or low cut clothing are not permitted.
- **Men and boys** should wear a suit coat and tie
- Jeans and other casual attire are inappropriate for attendance at Church services.
- Also, unless you have been attending the Latin Mass exclusively, you should refrain from receiving Holy Communion until you have had an opportunity to meet with Father.

We are always happy to see new faces at Mary Immaculate Queen Church and we look forward to seeing you again.

Saint Bernard, Abbot, Confessor & Doctor

Saint Bernard was born of a distinguished family at Fontaines in Burgundy...determined to escape temptations of the devil, he, at 22 years of age, determined to enter the monastery of Citeaux, the first house of the Cistercian Order, then famous for sanctity. When his brothers learnt Bernard’s design, they did their best to deter him from it; but he, more eloquent and more successful, won them and many others to his opinion; so that together with him thirty young men embraced the Cistercian Rule. As a monk he was so given to fasting, that whenever he had to take food he seemed to be undergoing torture. He applied himself in a wonderful manner to prayer and watching, and was a great lover of Christian poverty; thus he led a heavenly life on earth, free from all anxiety or desire of perishable goods. The virtues of humility, mercy, and kindness shone conspicuously in his character. He devoted himself so earnestly to contemplation, that he seemed hardly to use his senses except to do acts of charity, and in these he was remarkable for his prudence. He became Abbot of Clairvaux and built monasteries in many places, wherein the excellent rules and discipline of Saint Bernard long flourished.

He wrote many works which clearly show that his doctrine was more the gift of God than the result of his own labors. On account of his great reputation for virtue, the greatest princes begged him to act as arbiter in their disputes, and he went several times into Italy for his purpose, and for arranging ecclesiastical affairs. He was of great assistance to the Supreme Pontiff Innocent II in putting down the schism of Peter de Leone, both at the courts of the emperor and of King Henry of England, and at a Council held at Pisa. At length, being sixty-three years old, he fell asleep in the Lord. He was famous for miracles and Pope Alexander II placed him among the saints. Pope Pius VII, with the advice of the Sacred Congregation of Rites, declared St. Bernard a Doctor of the universal Church and commanded all to recite the Mass and Office of a Doctor on his feast. He also granted a plenary indulgence yearly forever, to all who visit churches of the Cistercian Order on this day. The Liturgical Year, XII. Book IV, Pages 437-438

MIQ PARISH CALENDAR

Aug. 24	Confraternity of MIQ meeting & reception
Aug. 26	First day of classes at SJS
Aug. 27	First day of classes for MIQ school
Aug. 31	Confraternity of Christian Mothers & Altar & Rosary Society meeting
Sept. 2	Labor Day; no school
Sept. 13	Public Rosary procession in Spokane
Sept. 21	Confraternity meeting
Oct. 9-13	Annual Fatima Conference

Spiritual Thought for the Week

Know thyself that thou mayest fear God; know God that also thou mayest love Him.

Saint Bernard.

Little Sayings of the Saints,
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Mary Immaculate Queen Parish

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www.MIQParish.org
Mary Immaculate Queen Church
Our Mother of Perpetual Help Chapel
St. Joseph Seminary Chapel

10TH SUNDAY AFTER PENTECOST
August 18, 2019

CLERGY
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MIQ SCHOOL & CONVENT
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PARISH ADVISORY BOARD
Cornel Strain, President
Paul LeStage, Vice President

MOUNT CALVARY CEMETERY
Rosalinda Salgado, Business Manager
Ed O’Hara, Maintenance

PARISH GUILDS & COORDINATORS
St. Theresa (Altar linens), Mary Antonia Seale
Mystical Rose (Altar Flowers), Mary Onstott
St. Martha (Receptions), Rosalinda Salgado
Our Lady of the Rosary (Rosaries & Scapulars), Sally Slater
Our Lady of Loreto (Hospitality), Maria Vincent
St. Francis of Assisi (Landscaping), Mary Onstott
St Joseph (Seminary), Rosalinda Salgado
St. John Bosco, (Young Singles), Fr. Augustine
Our Lady of the Blessed Sacrament, Sonja LeStage
(Prepares for processions)
Our Mother of Perpetual Help, (Chapel Care), Jenny Gilchrist
St. Michael (Catholic Action), Elizabeth Rojas